

Rules for each Office Olympics Events

All events are timed at 60 sec.

- Rubber Band Archery – Pile of rubber bands are provided and person is to grab from pile and shoot rubber bands at a helium balloon. Only one rubber band at a time. The balloon will be 12' away. The person who has the most hits in that 60 sec. wins that event. In the event of a tie, there will be a 30 sec. "shoot-off" between the members of the tie.
- Paperclip Chain – Pile of standard paperclips is provided. Person is given 60 sec. to connect paperclips in a chain. The one, who has the longest chain, wins that event. In the event of a tie, the parties of the tie will be given 20 sec. to take apart the chain, one paperclip at a time. The person who removes the most paperclips is the winner. You can not "pull" or "snap" the paperclips apart; you have to take them off one at a time.
- Office Wastebasket Toss – Person sits in an office chair 8' from a regular office trashcan. They are given paper to wad up and throw into the wastebasket. Person is given 60 sec. to wad and toss paper ball into trashcans. The one, with the most "baskets", wins the event. In the event of a tie, the parties will be moved back 2'. They will have 30 sec. to repeat event and winner is the one with the most baskets.
- Finger Rocket Shoot – Each Team will be located behind a designated line and provided a Nerf Rocket. Four teams will compete at a time. Each team member will shoot at a Bull's-eye located 35' down the road. Each member will shoot one rocket then move to the end of the line for the next member to shoot. Continue in this fashion till each member shoots two rockets. Each layer of the bull's-eye will be given a specific point rating. The teams' scores will be tallied together for a single team score. In the event of a tie, the teams will be given a re-shoot with a single shot this time. The team total will be tallied together for a single team score. The team with the highest total wins the event.
- Office Chair Relay – Team of 4 lines up 75' apart from each other. All 4 team members make each leg of the relay. Each team is given an office chair and a hard hat. 1st & 3rd team members start off on same side. 2nd & 4th are on opposite sides. 1st team member "Sits" in chair (you must remain seated in your chair on your bottom at all times). 1st team member scoots the chair the specified distance and exchanges with 2nd team member both the chair and the hard hat. 2nd team member scoots back the specified distance and hands off to the 3rd team member. 3rd repeats the distance again and hands off to the 4th. 4th scoots the last leg. The team with the fastest time wins the event. In the event of a tie, teams will do the event again.